

Mind in Brighton and Hove:
Independent Mental Health Advocate (IMHA) – West Sussex
28 hours per week
Salary: £27,398 per annum (pro rata). (actual salary £21,918)

Mind in Brighton and Hove empowers and supports people who have experience of mental health issues in Brighton and Hove and West Sussex. Our Advocacy Services take action to help people say what they want, secure their rights, represent their interests, and obtain services they need.

We are seeking to appoint an Independent Mental Health Advocate (IMHA) in West Sussex. The role will be based at Langley Green Hospital in Crawley, with regular travel to other acute and forensic wards in West Sussex, such as Meadowfield, Priory and St Magnus. Occasional visits to Brighton head office for meetings and training.

This role involves providing Independent Mental Health Advocacy, working within the framework of the Mental Health Act 1983 to support people to understand their rights under the Act and participate in decisions about their care and treatment across the area of West Sussex. The post requires an understanding of advocacy, experience of managing a client case load, excellent communication skills and the ability to establish and maintain effective working relationships with a range of professionals, whilst retaining independence.

In return, we offer a range of benefits including full induction, nationally accredited advocacy qualification and 29 days' leave (pro rata) per year excluding bank holidays, 3% pension contribution and access to a 24-hour Employee Assistance Programme.

All successful applicants are subject to Disclosure and Barring Service (DBS) clearance

Full job details and application pack can be found on our website:

<https://www.mindcharity.co.uk/get-involved/work-with-us>

Closing date: 9am on Monday 14th September 2026.

Interviews will take place on Tuesday 22nd September 2026 in central Brighton.

Alternative interview dates may be possible if required.

We are committed to equal opportunities, and we value diversity in our workforce and aim to recruit a workforce that reflects the communities we serve. We encourage applications from everyone irrespective of age, disability (including experience of living with mental health issues), gender reassignment, race, religion or belief, sex, sexual orientation, marriage and civil partnership and pregnancy and maternity.

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